

OPPORTUNITIES TO LEARN AND GROW: ANTIRACISM ACTION 3.5.21

READ	SEE	DO	REFLECT	CULTURE
<p>Read the bold and courageous list of demands for racial equity by National Educators United</p>	<p>What is Racism? A film by Diversity Decoded (only 1.39 minutes long!)</p>	 <p>Podcast: The 8 Pillars from the book Caste, unpacked</p>	<p>Becoming an Antiracist Visual Diagram (credit to Andrew M. Ibrahim MD,)</p>	<p>“Women were the centre and core of our community and our nation. No nation ever existed without the fortitude of our grandmothers, and all of those teachings have to be somehow recovered . . . [young women] they’ve got to dig up the medicines, to heal the people...”—Mosom Danny Musqua (Saulteaux elder).</p>
<p>Read more about NEU here</p>	<p>This film short explains racism as an institutional and structural barrier to equity</p>	<p>Oprah’s Book Club unpacks Caste: The Origins of Our Discontents in her podcast with guests</p>	<p>Take a look at the diagram and do a quick self-assessment about when you’ve gone into either Fear, Learning Zone, or Growth. How could you maintain yourself in the Growth Zone?</p>	<p>Celebrate Women’s History all month.</p>