# OPPORTUNITIES TO LEARN AND GROW:  ANTIRACISM ACTION 3.19.21

| READ | SEE | DO | REFLECT | CULTURE |
|---|---|---|---|---|
| [Antiracism Resources in Marin](#) (by SURJ) | An Antiracism [Playlist](#) on Youtube | [Antiracism Checklist for Whites](#) | **DAILY PRACTICE:**<br>If you are **white identified or mixed-race/mixed-ethnicity:**<br>1. Ask myself: How will racism show up in the spaces I am in today and how will I push against being complicit in that racism?<br>2. Take the temperature of the room: Listen, breathe, feel, be present.<br>3. Check my assumptions: I may not be experiencing a moment the same way BIPOC colleagues are.<br><br>If you are **BIPOC**, Mourning, grief, forgiveness are ancestral deep. Healing the traumas of colonialism are generations in the making.<br>1. Who are you?<br>2. How is your familial history manifested in you?<br>3. What did your folks lose in their transitions? What can you reclaim? | "Holy Sh*t, Being an Ally Isn't About Me" (unlearning white cultural practices as allys)<br><br>"Who Gets to Be White?" |
| *"I encourage everyone to think critically about if Marin's various racial equity initiatives are working, as it's not enough to be satisfied that they exist."* (SURJ) | Subscribe to this YouTube Channel and Learn! Choose a film on a regular basis to grow your in your antiracism education | Adapted from Dr. John Raible's (2009) checklist for antiracist white allies, this isn't a daily practice (see next column) but a way to check in with your efforts and understanding overall | For white individuals: Interested in more daily antiracism reflection? Go here for the full list. Also here for action.<br><br>For BIPOC individuals: Take a look at this BIPOC in PWI survival guide | What can you learn from this and do next?<br><br>How can you do the internal work necessary to unlearn white-taught behaviors? |